

Examples of Full-Liquid Foods

- All fruit juices and nectars
- Bouillon, broth
- Butter/cream/oil/margarine
- Carbonated beverages
- Cheese soup
- Coffee/Tea
- Fresh or frozen plain yogurt
- Fruit drinks
- Fruit punch
- Honey/jelly/syrup
- Ice milk
- Liquid meal replacements
- Milk, all types
- Milkshakes
- Pasteurized eggnog
- Plain cornstarch pudding
- Plain gelatin desserts
- Potatoes pureed in soup
- Refined/strained cooked cereal
- Small amounts of strained meat in broth or gelatin
- Smooth ice cream
- Soft or baked custard
- Strained lemonade/limeade
- Strained or blenderized soup
- Thin fruit purees
- Tomato juice
- Tomato puree for cream soup
- Vegetable juice
- Water