

## Examples of Clear Liquids

- Bouillon
- Clear, fat-free broth
- Clear carbonated beverages
- Consomme
- Cranberry/grape juice
- Fruit-flavored drinks
- Fruit ices without fruit pieces
- Fruit ices without milk
- Fruit punch
- Honey
- Jelly
- Plain gelatin dessert
- Popsicles
- Sports drinks
- Strained citrus juice
- Strained lemonade/limeade
- Strained vegetable broth
- Tea
- Water