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MultiThera 2™

This product contains high-potency amounts of vitamins, minerals, trace elements, antioxidants, and natural carotenoids and is recommended as a daily supplement to provide a comprehensive foundation of essential micronutrients. A total of 30 important nutrients in well-absorbed forms and amounts are supplied that meet or exceed recommended dietary intake levels, thus supporting many biological processes crucial to maintaining optimal health. Adolescents, pregnant women, women with a heavy menstrual flow, and others with a documented need for supplemental iron are the best candidates for this iron-containing product.

- **More comprehensive than regular multiple vitamins:** This formulation provides all of the vitamins found in regular multivitamin products but also includes extra amounts of vitamins C, E, D, and B-complex vitamins plus calcium, magnesium, and other crucial minerals and trace elements. Vitamins E and beta-carotene are supplied in their natural forms, whereas most common brands contain synthetic forms that are not as effective.
- **Four products in one:** This formula is really four products in one. It is a multivitamin, an extra vitamin C supplement, an extra vitamin E supplement, and an extra calcium supplement. These four supplement categories are considered to be necessary, integral components of a healthy diet by nutrition experts.
- **More complete “families” of nutrients:** 100% natural vitamin E complex supplying all of the mixed tocopherols (d-alpha, d-beta, d-gamma, and d-delta) is included to provide broader antioxidant protection. Both preformed vitamin A (retinol) and its carotene precursor extend more complete vitamin A nutrition. All-natural mixed carotenoids, including alpha- and beta-carotenes, lutein, zeaxanthin, and beta-cryptoxanthin, offer more diverse benefit and are safer than synthetic beta-carotene alone. A complete array of B vitamins supports many metabolic functions and includes significant amounts of specific B vitamins most crucial to avoiding toxic build-up of homocysteine.
- **Activated folate and vitamin B₁₂:** This product supplies 5-methyltetrahydrofolate (5-MTHF) and folic acid (5-formyltetrahydrofolate), the active forms of folate. Unlike folic acid, these two active forms are absorbed and utilized directly and are the most beneficial forms for patients with elevated homocysteine resulting from compromised utilization of folate.
- **Extra vitamin D₃:** Natural vitamin D₃ is included at 800 IU daily, a higher amount than typically found in daily multivitamins, to help achieve optimal intakes now recognized to support bone health as well as its numerous roles in tissues throughout the body.
- **Bioavailable minerals and trace elements:** Because many common forms of minerals used in supplements are not efficiently absorbed, this product contains mineral compounds that are easy to digest and absorb. The mineral amino acid chelates used are fully-reacted, low molecular weight mineral compounds with exceptional tolerance and documented bioavailability. Calcium citrate-malate is a well-studied calcium compound with higher absorption and effectiveness than many other calcium sources. Organically-bound chromium and vanadium complexes offer high physiological activity.

This comprehensive multiple vitamin/mineral supplement can be taken by anyone who wishes to establish a protective core foundation of high-potency nutrients and also has a need for supplemental iron. It is free of common allergens (milk, gluten, eggs, yeast), artificial flavors, preservatives, and colorings.

Suggested Use: 6 tablets daily with food.

This product was made in a GMP and ISO 9001:2000 registered facility.

MultiThera 2™ is a trademark of ProThera®, Inc., Reno, NV 89521.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 6 Tablets • Servings Per Container 30

Amount Per 6 Tablets	% Daily Value	Amount Per 6 Tablets	% Daily Value		
Vitamin A (33% (7,500 I.U.) as vitamin A palmitate and 67% (15,000 I.U.) as natural carotenes (alpha, beta, beta-cryptoxanthin, zeaxanthin, and lutein) from <i>D. salina</i>)	22,500 I.U.	450%	Iodine (from kelp)	150 mcg	100%
Vitamin C (as calcium ascorbate and magnesium-potassium ascorbate complex)	1,200 mg	2000%	Magnesium (75% as magnesium aspartate-ascorbate complex and 25% as magnesium glycinate chelate**)	500 mg	125%
Vitamin D ₃ (as cholecalciferol)	800 I.U.	200%	Zinc (as zinc glycinate chelate**)	20 mg	133%
Vitamin E (as d-alpha tocopheryl succinate plus mixed tocopherols d-beta, d-delta, d-gamma) from soy	400 I.U.	1333%	Selenium (as selenium amino acid complex)	200 mcg	286%
Vitamin K ₁ (as phytonadione)	60 mcg	75%	Copper (as copper glycinate chelate***)	2 mg	100%
Thiamine (as thiamine hydrochloride USP)	100 mg	6667%	Manganese (as manganese glycinate chelate***)	10 mg	500%
Riboflavin USP	50 mg	2941%	Chromium (50% as chromium polynicotinate**** and 50% as chromium nicotinate glycinate chelate***)	200 mcg	167%
Niacin (75% as niacinamide USP and 25% as niacin USP)	200 mg	1000%	Molybdenum (as molybdenum glycinate chelate***)	150 mcg	200%
Vitamin B ₆ (as pyridoxine hydrochloride USP)	50 mg	2500%	Potassium (as potassium aspartate-ascorbate complex)	99 mg	3%
Folate (50% as folic acid (5-formyltetrahydrofolate) and 50% as 5-methyltetrahydrofolate)	800 mcg**	200%	Boron (as boron aspartate-citrate)	2 mg	*
Vitamin B ₁₂ (50% as methylcobalamin and 50% as 5-adenosylcobalamin)	200 mcg	3333%	Vanadium (as bisglycinate oxovanadium)	100 mcg	*
Biotin USP	300 mcg	100%	Choline (as choline bitartrate)	150 mg	*
Pantothenic Acid (as d-calcium pantothenate USP)	400 mg	4000%	Inositol	50 mg	*
Calcium (76% as calcium citrate-malate and 24% as calcium ascorbate)	500 mg	50%	para-Aminobenzoic Acid USP	50 mg	*
Iron (as ferrous bisglycinate chelate***)	20 mg	111%	Citrus Bioflavonoids (85 mg as citrus bioflavonoid complex, min. 50% bioflavonoids, and 15 mg as hesperidin methylchalcone)	100 mg	*

Other ingredients: Carboxymethylcellulose sodium, cellulose, silicon dioxide, vegetable stearine, vegetable gum, magnesium stearate, natural citrus flavor, and cellulose coating.

**Amount of active isomers from mixed isomer forms.

***Albion Laboratories

****ChromeMate® brand InterHealth N.I. Covered by one or more U.S. Patents 4,923,855, 4,954,492 and 5,194,615.

*Daily Value not established.
WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. KEEP OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.