



## Marine Fish Oil

This product supplies an excellent source of omega-3 eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) fatty acids. The fatty acids found in fish oil are important to proper immune function, regulation of inflammation, lipoprotein metabolism, brain function, and mood regulation. This ultra-refined product is independently tested to ensure the purity, potency, and integrity of the oil. Additionally, careful handling of the oil leads to a clean, non-fishy taste.

- **Pure:** This fish oil supplement is highly purified and safe for daily use. Heavy metals such as mercury and lead, as well as cholesterol, PCB's, pesticides, and other impurities often found in fish and unrefined fish oil products are removed through molecular distillation and other advanced filtration processes.
- **Potent:** The fish oil used in this product is concentrated, supplying 50% EPA/DHA content. This amount is well above the usual 30% EPA/DHA found in many brands. Because of this high yield, fewer softgels than many over-the-counter fish oils are needed to reach the recommended daily amount.
- **Competitively-Priced:** When compared against other high-quality fish oil supplements, this product is among the most cost-effective choices. When evaluating the actual EPA and DHA content, this fish oil supplement supplies a higher quantity for a lesser cost.

This product can be taken by anyone who wants to enhance their diet with important fatty acids in active forms readily used by the body. It may be especially helpful for individuals who do not regularly consume fish or who may poorly metabolize fatty acids consumed in their diet.

**Suggested Use:** 1 to 6 softgels daily with food.

This product was made in a GMP and ISO 9001:2000 registered facility.

### Supplement Facts

Serving Size 1 Softgel • Servings Per Container 100

Amount Per Softgel	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Saturated Fat	0 g	0%†
Polyunsaturated Fat	1 g	*
Vitamin E (as mixed tocopherols) from soy	5 I.U.	17%
Marine Fish Oil Concentrate	1,000 mg	*
Supplying the following omega-3 fatty acids:	<b>Compound Weight**</b>	<b>FFA Weight***</b>
Eicosapentaenoic acid (EPA)	300 mg	270 mg *
Docosahexaenoic acid (DHA)	200 mg	180 mg *

†Percent Daily Values are based on a 2,000 calorie diet.  
\*Daily Value not established.

Other ingredients: Gelatin, glycerin, and water.

\*\*Amounts reported as weight of the fatty acid compound.

\*\*\*Amounts reported as free fatty acid (FFA) equivalents by weight in accordance with voluntary CRN Monograph.