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VitaPrime®

This well-balanced multiple vitamin, mineral, and trace element supplement is appropriate for anyone wanting a reliable, daily insurance formula to support healthy metabolism. It provides a broad spectrum of essential nutrients in well-absorbed forms but avoids iron. Too much iron can be harmful to body cells, joint structures, and the heart. Iron should only be taken by those who really need it until their levels are replenished.

This product includes:

- Higher amounts of vitamin C, E, B-complex vitamins, and certain crucial minerals and trace elements than typically contained in over-the-counter vitamins.
- Natural forms of nutrients such as vitamin E and beta-carotene instead of synthetic forms providing a wider range of nutritional activity.
- Active, well-absorbed forms of folate (as folic acid and 5-methyltetrahydrofolate) instead of synthetic folic acid, which is not as well utilized.
- A foundation of essential nutrients that are recommended for daily use as extra nutritional protection to complement a balanced diet.

This convenient multiple is provided in just two tablets daily. Each batch is tested to verify ingredient content and ensure reliable tablet disintegration after ingestion. It is free of common allergens, artificial flavors, preservatives, and colorings.

Suggested Use: 1 tablet twice daily with food.

Supplement Facts

Serving Size 2 Tablets

Amount Per 2 Tablets	% Daily Value	Amount Per 2 Tablets	% Daily Value		
Vitamin A (50% (3,500 I.U.) as vitamin A palmitate and 50% (3,500 I.U.) as natural carotenenes (alpha, beta, beta-cryptoxanthin, zeaxanthin, and lutein) from <i>D. salina</i>)	7,000 I.U.	140%	Calcium (as calcium citrate-malate)	100 mg	10%
Vitamin C (as L-ascorbic acid USP)	250 mg	417%	Iodine (from kelp)	150 mcg	100%
Vitamin D ₃ (as cholecalciferol)	400 I.U.	100%	Magnesium (as magnesium glycinate chelate***)	100 mg	25%
Vitamin E (as d-alpha tocopheryl succinate plus mixed tocopherols d-beta, d-delta, d-gamma) from soy	150 I.U.	500%	Zinc (as zinc glycinate chelate***)	15 mg	100%
Vitamin K ₁ (as phytonadione)	60 mcg	75%	Selenium (as selenium amino acid complex)	200 mcg	286%
Thiamine (as thiamine hydrochloride USP)	25 mg	1667%	Copper (as copper glycinate chelate***)	2 mg	100%
Riboflavin USP	15 mg	882%	Manganese (as manganese glycinate chelate***)	5 mg	250%
Niacin (67% as niacinamide USP and 33% as niacin USP)	60 mg	300%	Chromium (50% as chromium polynicotinate**** and 50% as chromium nicotinate glycinate chelate***)	150 mcg	125%
Vitamin B ₆ (as pyridoxine hydrochloride USP)	15 mg	750%	Molybdenum (as molybdenum glycinate chelate***)	100 mcg	133%
Folate (50% as folic acid (5-formyltetrahydrofolate) and 50% as 5-methyltetrahydrofolate)	400 mcg**	100%	Boron (as boron aspartate-citrate)	2 mg	*
Vitamin B ₁₂ (50% as methylcobalamin and 50% as 5-adenosylcobalamin)	50 mcg	833%	Vanadium (as bisglycinate oxovanadium)	50 mcg	*
Biotin USP	300 mcg	100%	Choline (as choline bitartrate)	75 mg	*
Pantothenic Acid (as d-calcium pantothenate USP)	50 mg	500%	Inositol	25 mg	*
			Citrus Bioflavonoids (85 mg as citrus bioflavonoid complex, min. 50% bioflavonoids, and 15 mg as hesperidin methylchalcone)	100 mg	*

Other ingredients: Carboxymethylcellulose sodium, cellulose, silicon dioxide, vegetable stearine, vegetable gum, magnesium stearate, natural citrus flavor, and cellulose coating.

**Amount of active isomers from mixed isomer forms.

***Albion Laboratories

****ChromelMate® brand. Covered by one or more U.S. Patents 4,923,855, 4,954,492 & 5,194,615 InterHealth N.I.

This product was made in a GMP and ISO 9001:2000 registered facility.

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These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.